


HOPKINS GIRLS



BASKETBALL CAMP

GIRLS FINISHING GRADES K-10

The Hopkins Royals Girls' Basketball Camp is again under the direction of Varsity Coach Brian Cosgriff and supporting varsity players and alumni. The camp is an opportunity for girls going into grades K-10 to improve their fundamental basketball skills and their overall understanding of the game of basketball. The camp will be a blend of skill development, contests, and short non-scored games. All young athletes, regardless of age or level of ability, will get the chance to improve their overall skills. The camp will again focus on enhancing fundamental skill development. The first week will focus on shooting with the second week incorporating that development into game situations. **If you have never been to camp before, this is the year to try it out!** We would love to see you and bring a friend or two!

CAMP SESSIONS

The weeks of camp are **June 7 – 11** and **June 14 – 18**. The Hopkins Royals Girls' Basketball Summer Camp is designed to be a two week camp, but attendance at one week is just as beneficial. Attendance provides athletes with the repetition they need to improve their basketball skills while having fun. Each week will be unique but will have some of the repetition that helps the players improve their basketball skills, so they can reach their future goals. **The cost for attending one week is \$80. The cost for attending both weeks is \$110.**

Registrations received after May 31, 2010 will be charged and additional \$5.⁰⁰

CAMP TIMES BY GRADES

Session A: Grades K — 6, 1:15pm — 3:15pm

Session B: Grades 7 — 10, 3:15pm — 5:15pm

LOCATION: LINDBERGH CENTER

2400 Lindbergh Drive, Minnetonka, MN 55305.

BASKETBALL CAMP REMINDERS

DATES

Camp Week One: June 7 - 11
Camp Week Two: June 14 - 18

Summer League Dates

June 21 - 25, June 28 - 30

TIMES

Camp Session A (K-6):
1:15 pm - 3:15 pm

Camp Session B (7-10):
3:15 pm - 5:15 pm

Summer League Times

Grades 2 - 5, 8:15am - 9:30am
Grades 6 - 8, 9:45am - 11:00am
Grades 9 - 10, 11:00am - 12:15pm

Location: The Lindbergh Center at Hopkins High School

BENEFITS

This is a stepping stone to help you with your development to one day be an important part of the Hopkins Royals Girls' Basketball Program! You will receive personalized instruction from highly qualified coaches that will give you information to help you work on your skills in the off-season. You will get a chance to work with Hopkins varsity basketball players and alumni. You will receive a camp T-shirt. You will receive instruction in the fundamentals of the game and learn drills to help you practice those skills. You will receive instruction on the correct shooting form as well as offensive footwork. You will learn correct defensive footwork as well as rebounding skills. You will receive instruction in conditioning (and weight lifting for older girls). You will get a chance to meet new people and make new friends. **You will have FUN!!!**

SUMMER LEAGUE

The Hopkins Summer League is for girls in grades 2-10. The league will play on **June 21-25** and **June 28-30**. **The cost for participating in the Summer League is \$60 if you attended camp. League only is \$80.** Summer League games will be played at The Lindbergh Center. Grades 2-9 will be officiated by Hopkins varsity players and grades 9-10 will call their own games. The league is directed by HHS Varsity Girls Coach Brian Cosgriff.

SUMMER LEAGUE TIMES BY GRADES

Grades 2 — 5, 8:15am — 9:30am

Grades 6 — 8, 9:45am — 11:00am

Grades 9 — 10, 11:00am — 12:15pm

STAFF

The basketball camp staff includes: HHS Varsity Coach Brian Cosgriff, HHS Varsity Assistant Coach Chuck Burmeister, HHS Varsity Assistant Coach Tim Senson, Varsity Team Administrator Lori Komoto, current Hopkins Varsity Basketball players, and returning alumni.

WHAT TO BRING

Each athlete should bring a positive attitude, enthusiasm, and a desire to have a fun while being focused on improving as a basketball player! Campers should also bring basketball gear, athletic shoes, towel (if needed) and a water bottle. Bringing your own basketball is not mandatory, but encouraged.

www.HopkinsGirlsBasketball.com

Mail Registration to: Brian Cosgriff, Alice Smith Elementary School, 801 Minnetonka Mills Road, Hopkins, MN 55343
Phone: 952-988-4249 Email Address: brian_cosgriff@hopkins.k12.mn.us
Please make check payable to: Hopkins Girls Basketball

Confirmation: You may assume that you are in the camp if you have not heard from us within 2 weeks of sending in your registration. For those of you wanting confirmation, please email me and I will send you back a reply confirming your placement in the camp.

Parent(s)/Guardian Signature	
I hereby authorize the staff of Hopkins Girls Basketball Camp to secure any medical treatment necessary and waive and release Hopkins Girls Basketball Camp Staff from any and all liabilities for any injuries sustained while in camp.	
Amount Enclosed: \$	<input type="checkbox"/> One Week of Camp = \$80 <input type="checkbox"/> One Week of Camp & League = \$135 <input type="checkbox"/> Two Weeks of Camp & League = \$170 <input type="checkbox"/> Two Weeks of Camp = \$110 <input type="checkbox"/> League Only = \$80
Youth Size: M L Adult Size: S M L XL	Summer League: <input type="checkbox"/> Grades 2-5 <input type="checkbox"/> Grades 6-8 <input type="checkbox"/> Grades 9-10
T-Shirt Size: (Please circle only one)	WEEKS: <input type="checkbox"/> June 7-11 <input type="checkbox"/> June 14-18 <input type="checkbox"/> Both Weeks
Parents E-Mail:	Parent/Guardian(s):
Name of School:	Home Phone: ()
City/State/Zip:	
Street Address:	
Participant's Name:	Grade Finishing:

2010 HOPKINS GIRLS BASKETBALL CAMP REGISTRATION

HOPKINS GIRLS BASKETBALL CAMP
BRIAN COSGRIFF
ALICE SMITH ELEMENTARY SCHOOL
801 MINNETONKA MILLS ROAD
HOPKINS, MN 55343

